



# Heart Posture *for Prophecy*

CULTIVATING LOVE, POWER  
AND WISDOM IN THE PROPHETIC

Masterclass with Anthony & Melissa Medina



## Joseph Peck, M.D.

### The Time Doctor, The Journal Guy, and The Connector

- Founder & President of Empower 2000
- Purpose: Empowering Dreams
- **Kingdom Mandate: Power Network**  
**God's army around the world—to**  
network the networks and connect  
people, ideas, and resources in Christ  
for creative miracles.





**Today Your Life Will Change  
FOREVER!**

**Holy Spirit is expanding your mind, heart, and spirit to new dimensions and they will never retract to their original size or shape.**



# Anthony Medina

<https://hopefires.com/>

Anthony Medina desires to see people anchored in hope, abounding in joy and walking in Kingdom authority. He is passionate about showing others how living in a proper place of worship will unlock the Kingdom of Heaven and all its attributes.

As an encourager, Anthony thrives on helping people fulfill God's call upon their lives. He teaches and mentors from a place of honesty and transparency, with his warm conversational approach.



# Melissa Medina

<https://hopefires.com/>

Melissa Medina's heart is to help people align with truth, awaken to purpose, and advance the Kingdom in every sphere. She's a vibrant communicator passionate about equipping and activating others in the areas of prayer and prophecy to transform hearts and the world around them.

Both friendly and fiery, Melissa loves to call out the gold in people and inspire them toward destiny.

***Prayer***





# Heart Posture for Prophecy

Cultivating  
LOVE, POWER & WISDOM  
in the Prophetic

Masterclass with Anthony & Melissa Medina



***Key theme:***

*Prophetic ministry is not just about what we say, but the spirit behind what we release. True prophecy reflects the full testimony of Jesus—His conduct and His character, His love, His power, and His order.*

A person wearing a white robe is shown from the chest up, with their hands held outstretched in front of them. The background is a bright, hazy sky, possibly at sunrise or sunset, with a soft glow around the person's head. The overall mood is serene and hopeful.

**The Foundation:  
The Testimony of Jesus**

The testimony of Jesus is the essence of prophecy. It not only declares what He has done, but reveals who He is—His heart, nature, and ways. True prophecy aligns with His character and invites Him to move again.



A woman in a white robe is shown from the chest up, her hands held out in a gesture of offering or prayer. The background is a bright, sunlit sky with soft clouds. The lighting is warm and ethereal, suggesting a spiritual or religious context.

**Reflection questions:**

When I think of prophecy, do I focus more on outcomes or on reflecting Jesus?



**Reflection questions:**

In what ways can I grow in revealing the full nature of Jesus, not just His works?

A person wearing a white, textured robe is shown from the chest up, with their hands held out in a gesture of offering or prayer. The background is a bright, hazy sky with soft clouds. The lighting is warm and ethereal, suggesting a sunrise or sunset. The person's face is partially visible in profile, looking down towards their hands.

**Reflection questions:**

Does my prophetic expression align with His character and heart?

A woman with long dark hair, wearing a white robe, is shown from the chest up. Her hands are held out in front of her, palms up, in a gesture of prayer or offering. The background is a bright, hazy sky with soft light filtering through, suggesting an outdoor setting. The overall mood is peaceful and spiritual.

**Prayer points:**

Lord, align my heart with Your heart. (Say your own prayer.)

Teach me to represent You fully in how I speak and minister.

Let my words reflect Your nature, not just Your works.

A woman in a white robe is shown from the chest up, her hands held out in a gesture of offering or prayer. The background is a bright, sunlit sky with soft clouds, creating a warm and spiritual atmosphere. The woman's face is partially visible in profile, looking down at her hands.

**Declarations:**

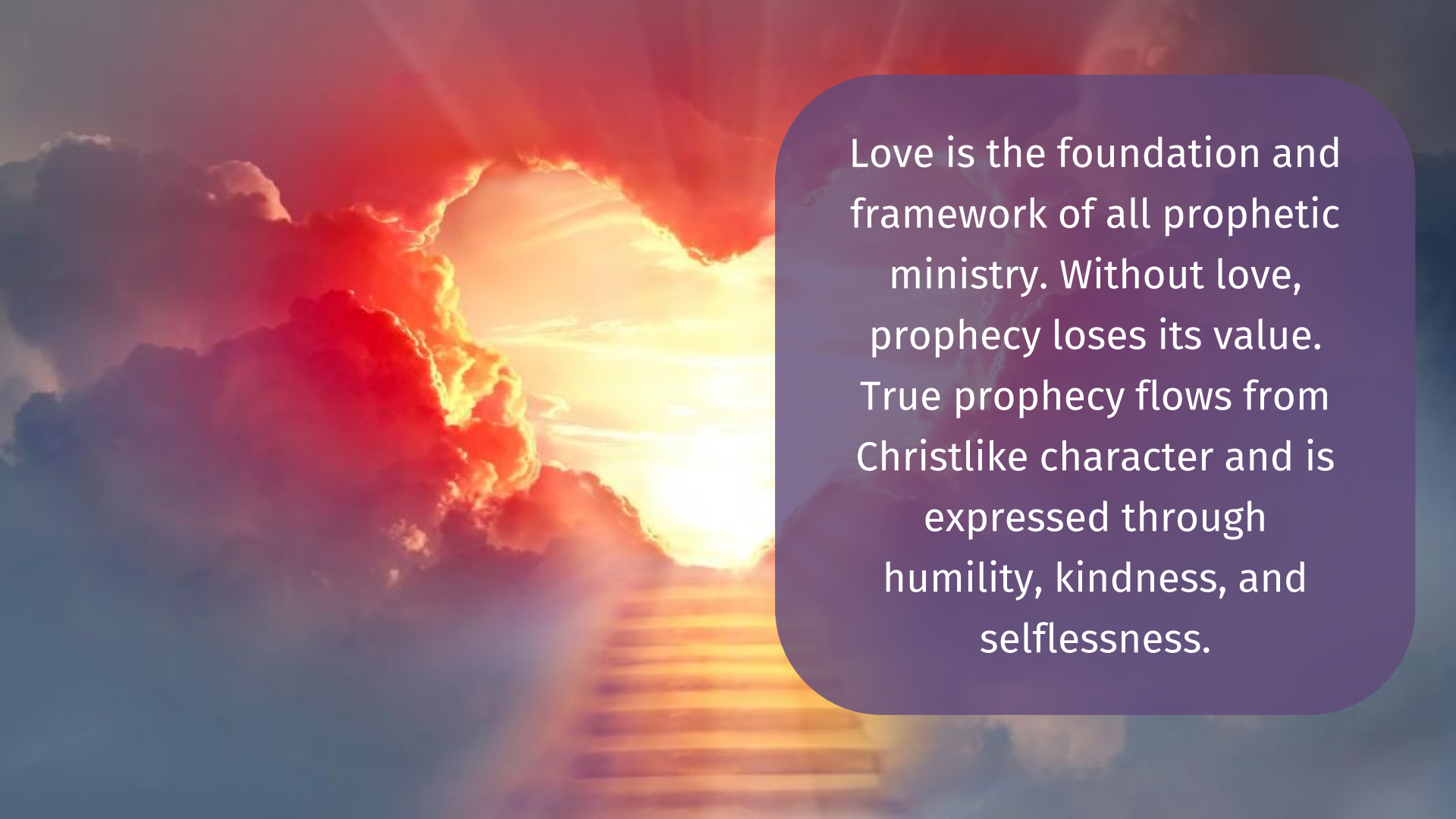
I carry the testimony of Jesus  
in spirit and truth.

My words reflect who Jesus is,  
not just what He does.

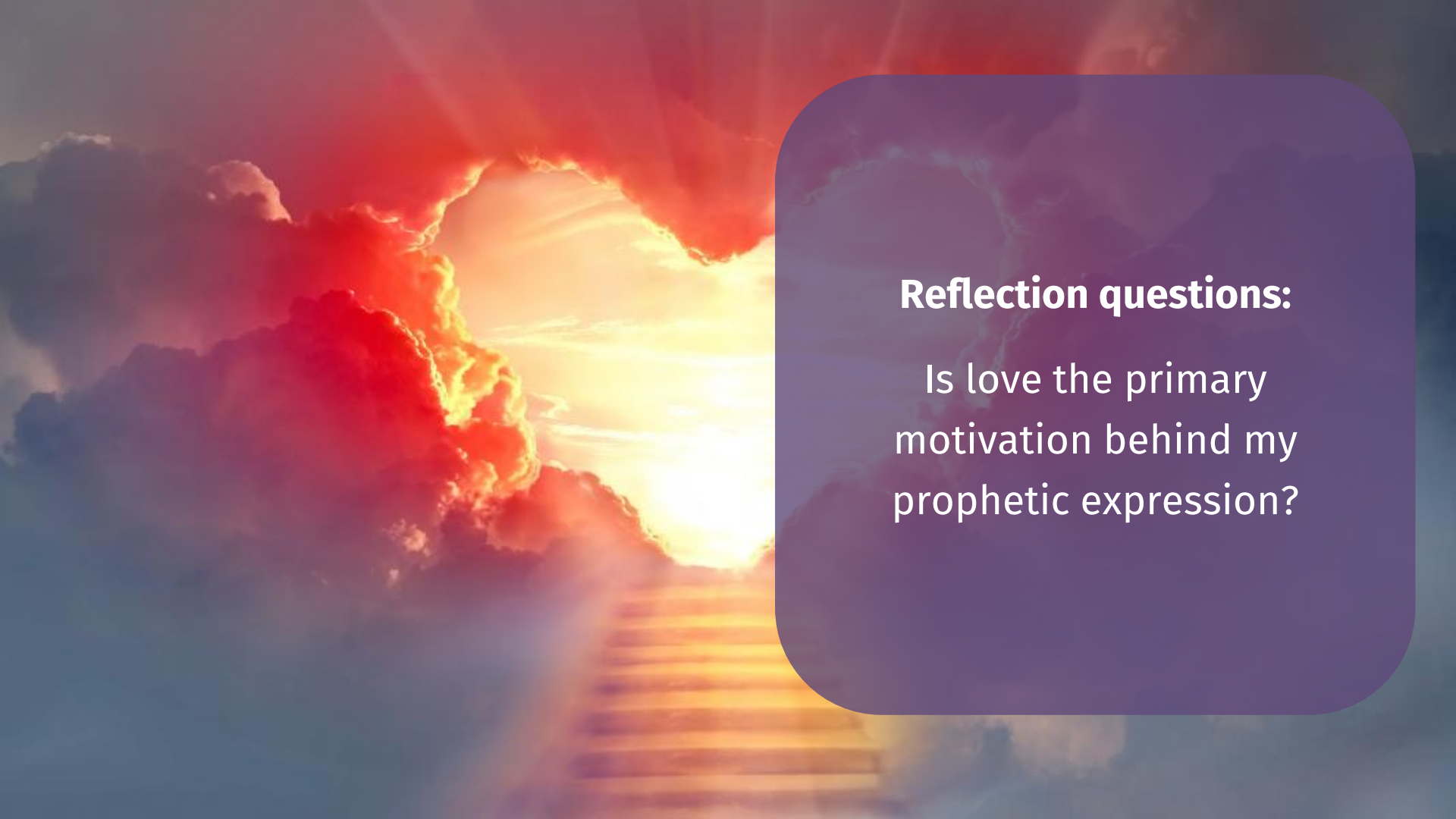
As I speak, I invite Jesus to  
move again.



**Anchored in Divine Love**  
**(1 Corinthians 13)**



Love is the foundation and framework of all prophetic ministry. Without love, prophecy loses its value. True prophecy flows from Christlike character and is expressed through humility, kindness, and selflessness.



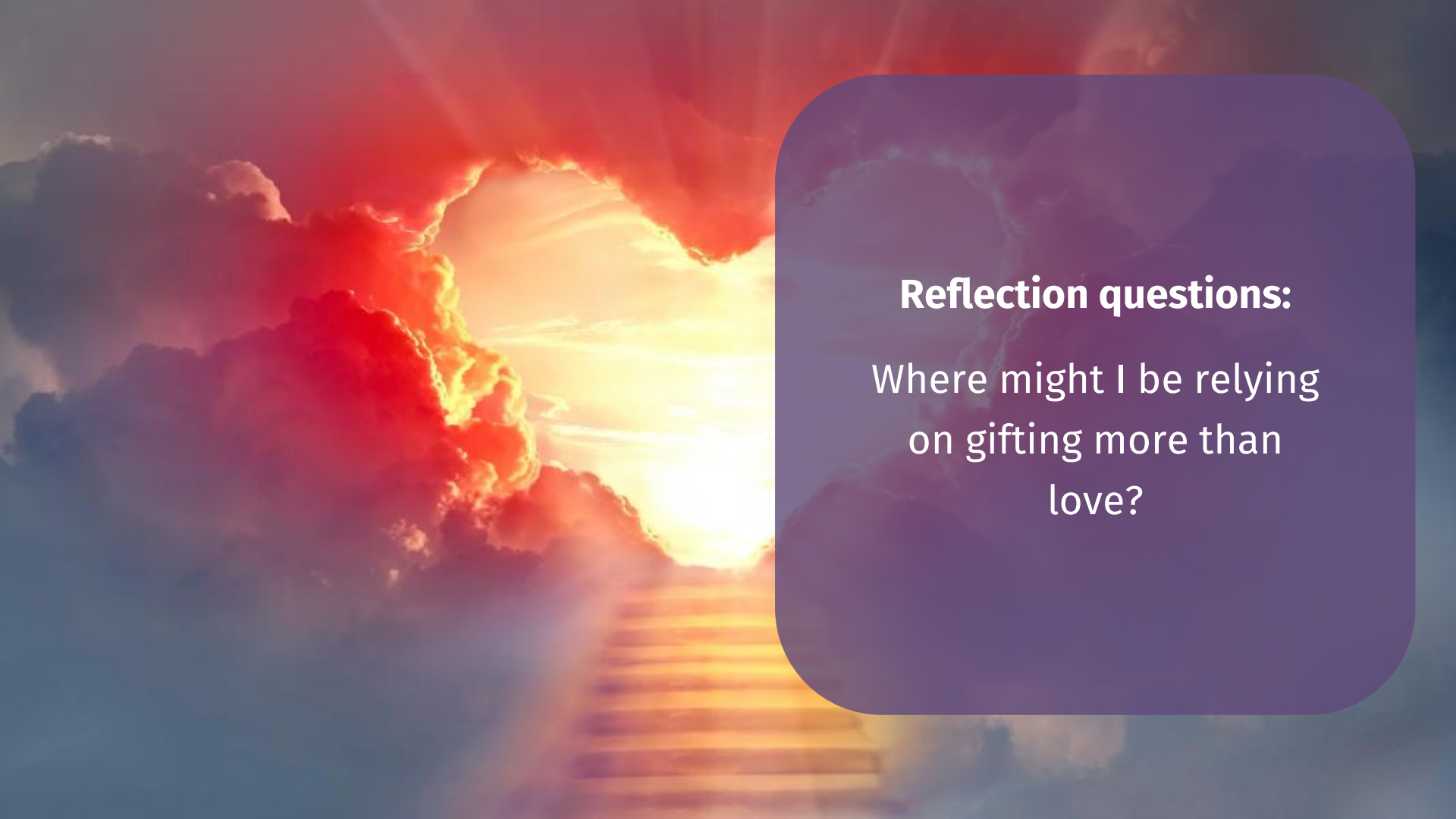
**Reflection questions:**

Is love the primary motivation behind my prophetic expression?



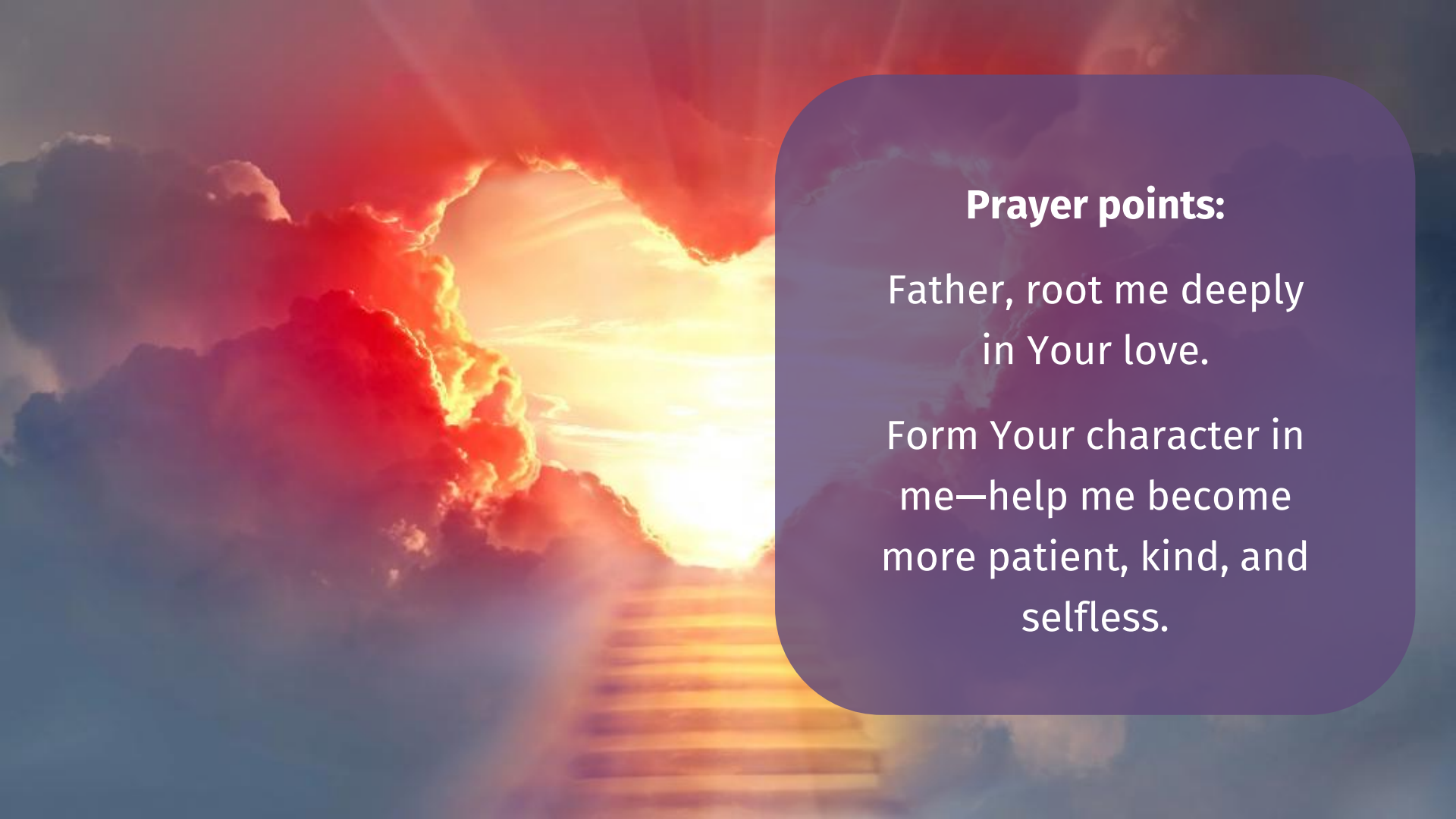
**Reflection questions:**

Do my words build others up with patience, kindness, and humility?



**Reflection questions:**

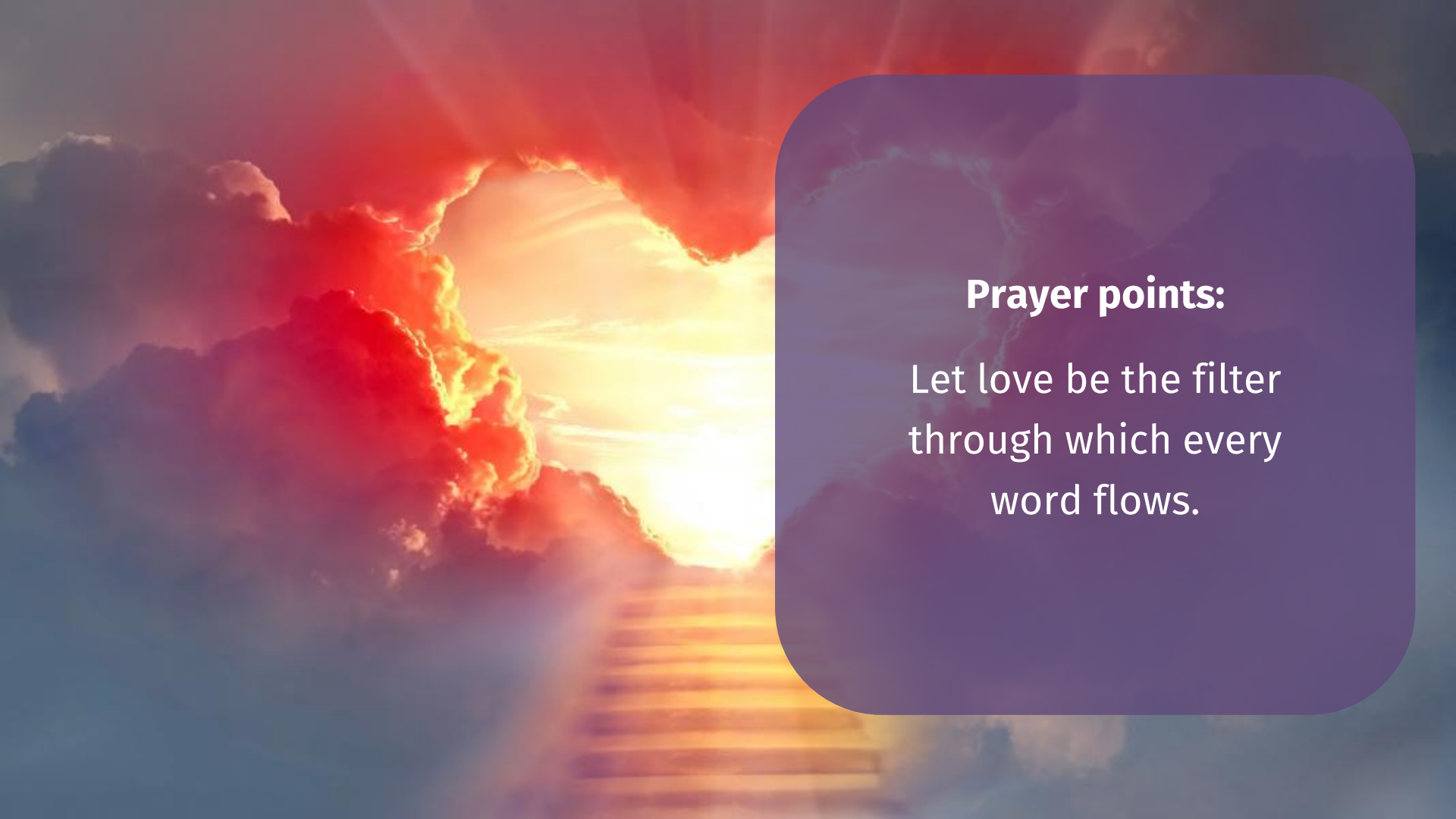
Where might I be relying  
on gifting more than  
love?



**Prayer points:**

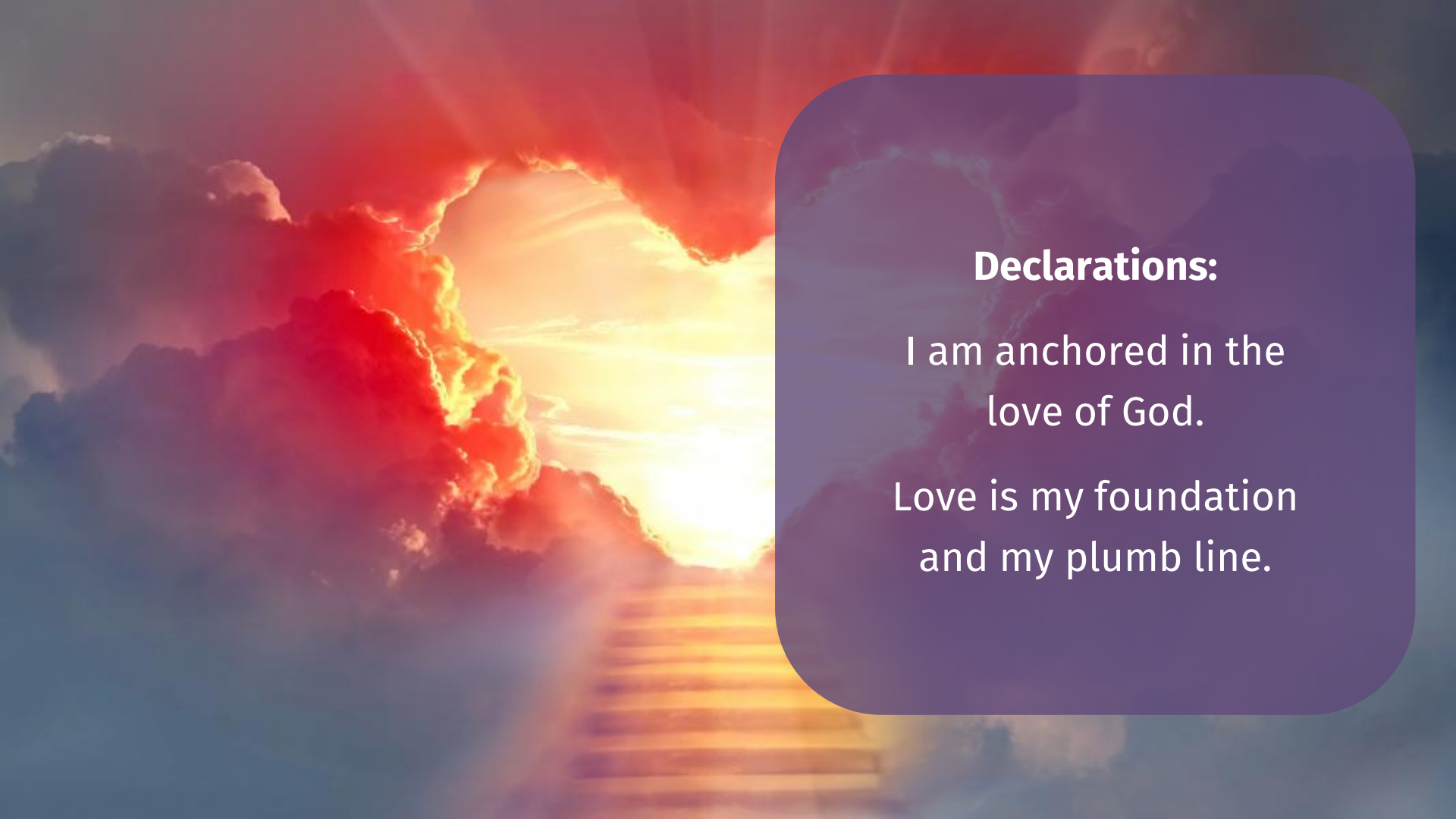
Father, root me deeply  
in Your love.

Form Your character in  
me—help me become  
more patient, kind, and  
selfless.



**Prayer points:**

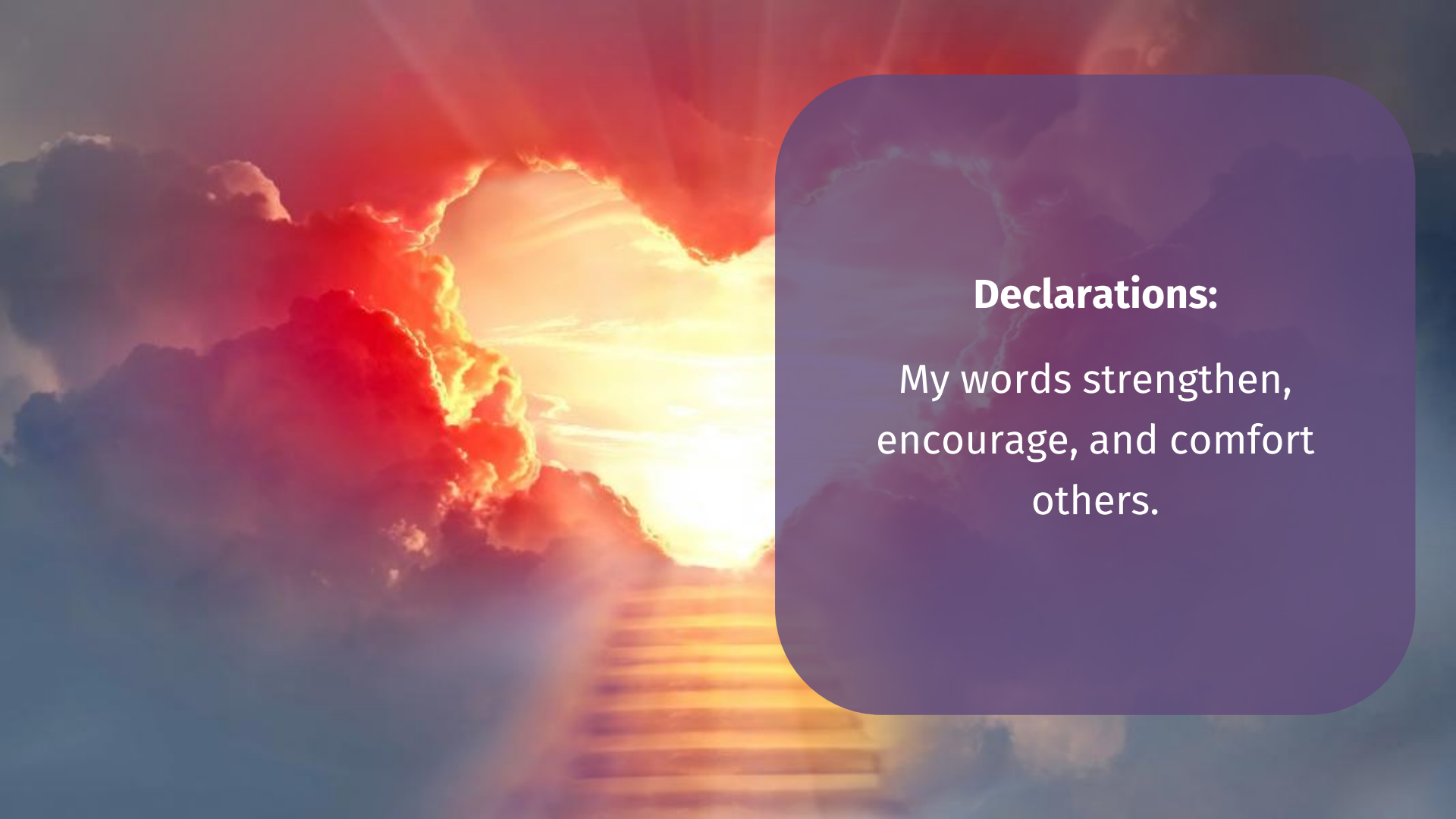
Let love be the filter  
through which every  
word flows.



**Declarations:**

I am anchored in the  
love of God.

Love is my foundation  
and my plumb line.



## **Declarations:**

My words strengthen,  
encourage, and comfort  
others.

**Released in Divine Power**  
**(1 Corinthians 12)**



Prophecy is a manifestation of the Holy Spirit, released for the good of others. It is one of many gifts given by the same Spirit, meant to build unity and demonstrate God's power.



An open book is shown in the lower right portion of the image, resting on a dark surface. The pages are illuminated from below, and the background is a dark blue gradient with numerous bright blue light rays and small star-like particles emanating from the top, creating a celestial or divine atmosphere. A semi-transparent blue rounded rectangle is overlaid on the left side of the image, containing text.

**Reflection questions:**

Do I rely on the Holy Spirit as  
the source of my prophetic  
voice?

An open book is shown in the lower right portion of the image, resting on a dark surface. The pages are illuminated from below, creating a warm glow. The background is a deep blue, filled with numerous bright, star-like points of light and vertical rays of light that create a sense of depth and wonder. A semi-transparent blue rounded rectangle is overlaid on the left side of the image, containing the text.

**Reflection questions:**

Am I stewarding the gifts I've  
been given for the benefit of  
others?

An open book is shown in the lower right portion of the image, resting on a dark surface. The pages are illuminated from below, creating a warm glow. The background is a deep blue, filled with numerous bright blue stars and vertical light rays that create a sense of depth and divine light. On the left side, there is a large, semi-transparent blue rounded rectangle containing text.

**Reflection questions:**

Is there both fruit and power  
evident in my life?

An open book with glowing blue light rays and stars in the background. The book is open, showing two pages of text. The background is dark blue with many small, bright blue stars and light rays emanating from the top, creating a celestial or divine atmosphere. The book is resting on a dark surface.

**Prayer points:**

Holy Spirit, ignite and refine  
Your gifts in me.

Teach me to steward Your  
power with humility and  
wisdom.

An open book is shown in the lower right portion of the image, resting on a dark surface. The pages are illuminated with a warm, golden light. The background is a deep blue, filled with numerous bright, glowing blue stars and light rays that create a celestial or divine atmosphere. A semi-transparent, rounded rectangular box is overlaid on the left side of the image, containing white text.

**Prayer points:**

Let my life demonstrate both  
Your power and Your  
character.

An open book with glowing blue light rays and stars in the background. The book is open, showing two pages of text. The background is dark with bright blue light rays and small stars, creating a celestial or divine atmosphere. The book is placed on a dark surface, possibly a table or desk.

## **Declarations:**

The Spirit of God works  
through me for the good of  
others.

I carry both the power and the  
fruit of the Spirit.

An open book is shown in the lower right, resting on a dark surface. The pages are illuminated from below, and the background is a dark blue space filled with numerous bright blue stars and light rays emanating from the top, creating a celestial or divine atmosphere. A semi-transparent blue rounded rectangle is overlaid on the left side of the image, containing text.

**Declarations:**

My faith stands in the power  
of God, not human wisdom.

A person wearing a long, vertically striped robe in shades of green, yellow, and brown is seated at a dark wooden desk. They are holding a white quill pen over an unrolled scroll. The desk is cluttered with several other scrolls, some rolled up and some unrolled. To the right, a lit candle in a glass holder provides a warm glow. Behind the candle is a stack of three books with reddish-brown covers. Further back, there is a small, ornate wooden box with intricate carvings. The overall atmosphere is quiet and studious, with soft lighting from the candle and a dark background.

**Established in Divine Order**  
**(1 Corinthians 14)**



Prophecy is meant to build up the Church and must operate within God's order—marked by peace, clarity, and maturity. True prophetic culture reflects honor, unity, and self-control.

A dark, atmospheric photograph of a desk setup. A single lit candle in a glass holder provides the primary light source, casting a warm glow. On the desk, there are several rolled-up scrolls of parchment, a quill pen, and a small inkwell. The background is dark, with some faint outlines of books or boxes, creating a sense of a quiet, historical study or writing room.

**Reflection questions:**

Does my prophetic expression bring clarity and peace or confusion?



**Reflection questions:**

Am I open to  
accountability and  
discernment in  
community?





**Reflection questions:**

Do I operate with self-control and honor toward others?





**Prayer points:**

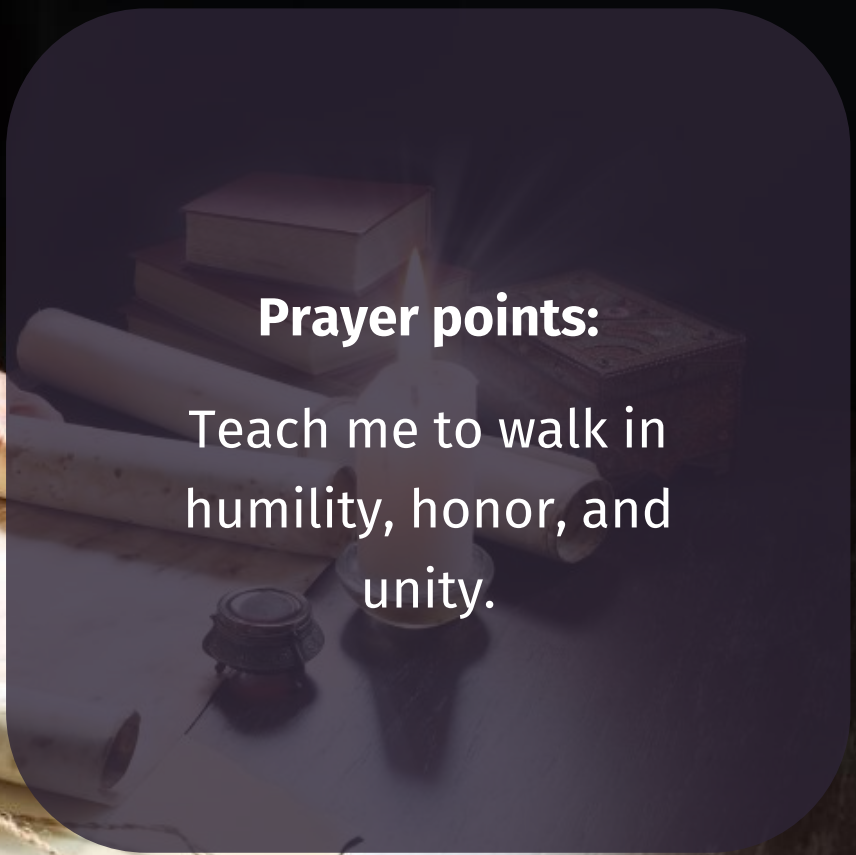
God, establish Your  
order in my life and  
ministry.





**Prayer points:**

Teach me to walk in  
humility, honor, and  
unity.



A dark, atmospheric scene featuring several books stacked on a surface, a quill pen resting in an inkwell, and several rolled-up scrolls. The lighting is low and dramatic, creating deep shadows and highlighting the textures of the books and scrolls. The overall mood is quiet and contemplative.

**Prayer points:**

Let everything I do  
reflect Your peace and  
clarity.



## **Declarations:**

I operate in the peace  
and order of God.

My words build up and  
strengthen the Body.



## **Declarations:**

The Spirit leads me in  
clarity, maturity, and  
unity.



A person is shown from the chest down, sitting and reading an open book. The scene is dimly lit, with a strong, warm light source positioned behind the person, creating a silhouette effect and a prominent lens flare. The light illuminates the pages of the book and the person's clothing. The background is dark and out of focus.

**Breaking Free  
from Fear**

**(2 Timothy 1:6–7)**

Fear hinders prophetic clarity and distorts our expression. God has given us a spirit of love, power, and a sound mind. As fear is removed, our hearing becomes clearer and our connection with God deepens.



A person is shown from the chest up, wearing a dark long-sleeved shirt, reading a book. The scene is dimly lit, with a strong, warm, golden light source behind the person, creating a silhouette effect and illuminating the book and their hands. The background is dark and out of focus.

**Reflection questions:**

What fears have held me back  
in prophetic ministry?

How has fear affected my  
clarity, boldness, or  
obedience?

A person is shown from the chest up, wearing a dark long-sleeved shirt. They are holding a book that is glowing with a bright, warm light, illuminating their chest and the surrounding area. The background is dark and out of focus.

**Reflection questions:**

What would it look like to fully  
operate in love, power, and  
soundness of mind?

A person is shown from the chest up, wearing a dark long-sleeved shirt. They are holding an open book, and a bright, warm, golden light emanates from their chest area, creating a glowing effect. The background is dark and out of focus.

**Prayer points:**

Father, I renounce fear and  
receive Your perfect love.

Rekindle the gifts You've  
placed within me.

A person is shown from the chest up, wearing a dark long-sleeved shirt. They are holding an open book that is glowing with a bright, warm light, likely from a candle or a small lamp. The background is dark, and the light from the book creates a strong contrast, highlighting the person's hands and the pages of the book. The overall mood is serene and spiritual.

**Prayer points:**

Fill me afresh with Your love,  
power, and peace.

A person is shown from the chest up, wearing a dark long-sleeved shirt. They are holding an open book, and a bright, warm, golden light emanates from their chest area, creating a glowing effect. The background is dark and out of focus.

**Declarations:**

I am free from fear and filled  
with God's Spirit.

I walk in love, power, and a  
sound mind.

A person is shown from the chest up, wearing a dark long-sleeved shirt. They are holding an open book, and a bright, warm, golden light emanates from their chest area, creating a glowing effect. The background is dark and out of focus.

**Declarations:**

Perfect love casts out all fear  
in me.

I am bold, clear, and aligned  
with the voice of God.

A person is shown in silhouette, performing a closing activation gesture. They are standing on a mountain peak, looking down at their hands which are held together in front of them. The background features a vast mountain range under a dramatic sunset sky with warm orange and yellow tones. The text "Closing Activation" is overlaid in white, bold font in the center of the image.

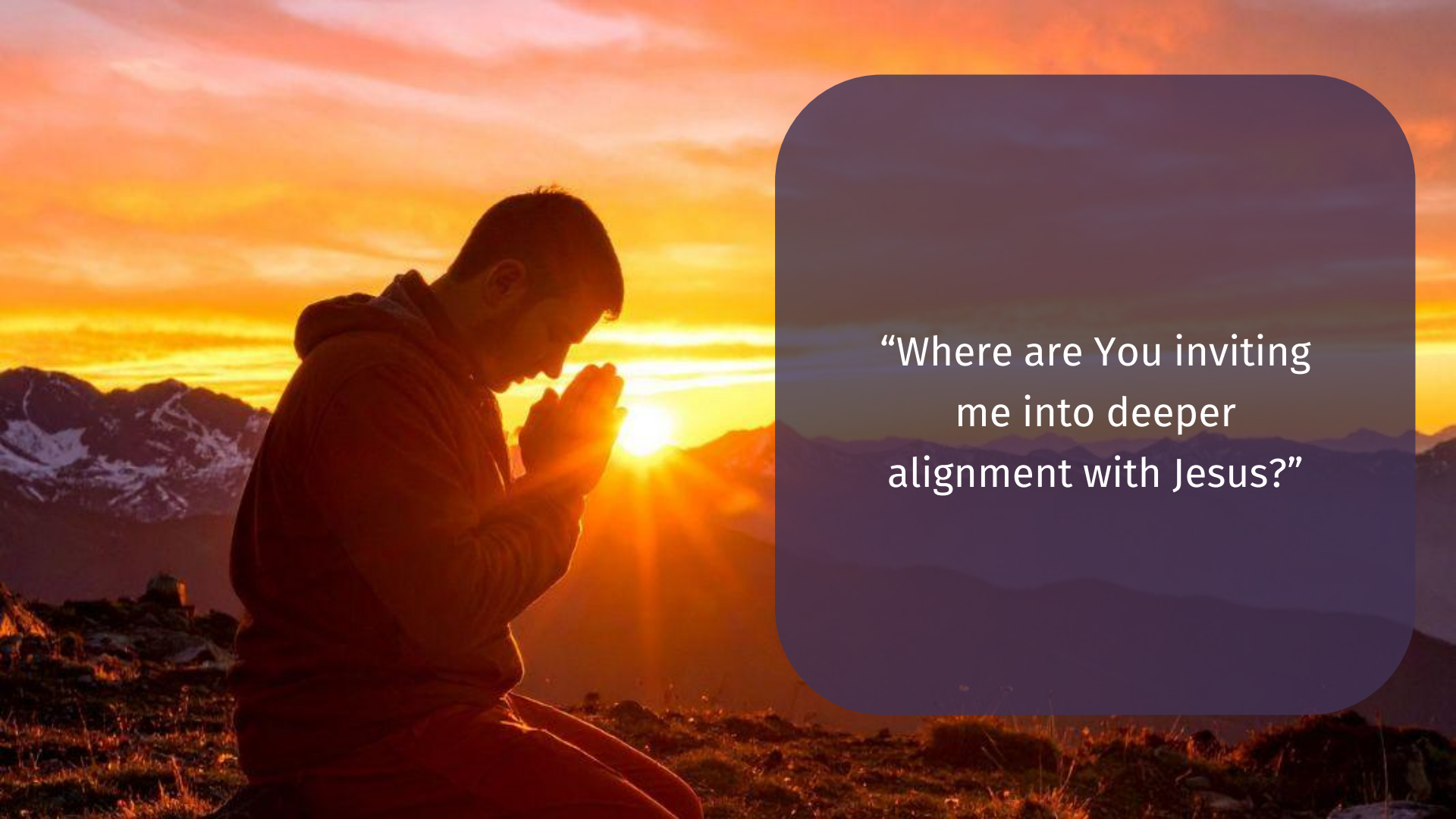
# Closing Activation



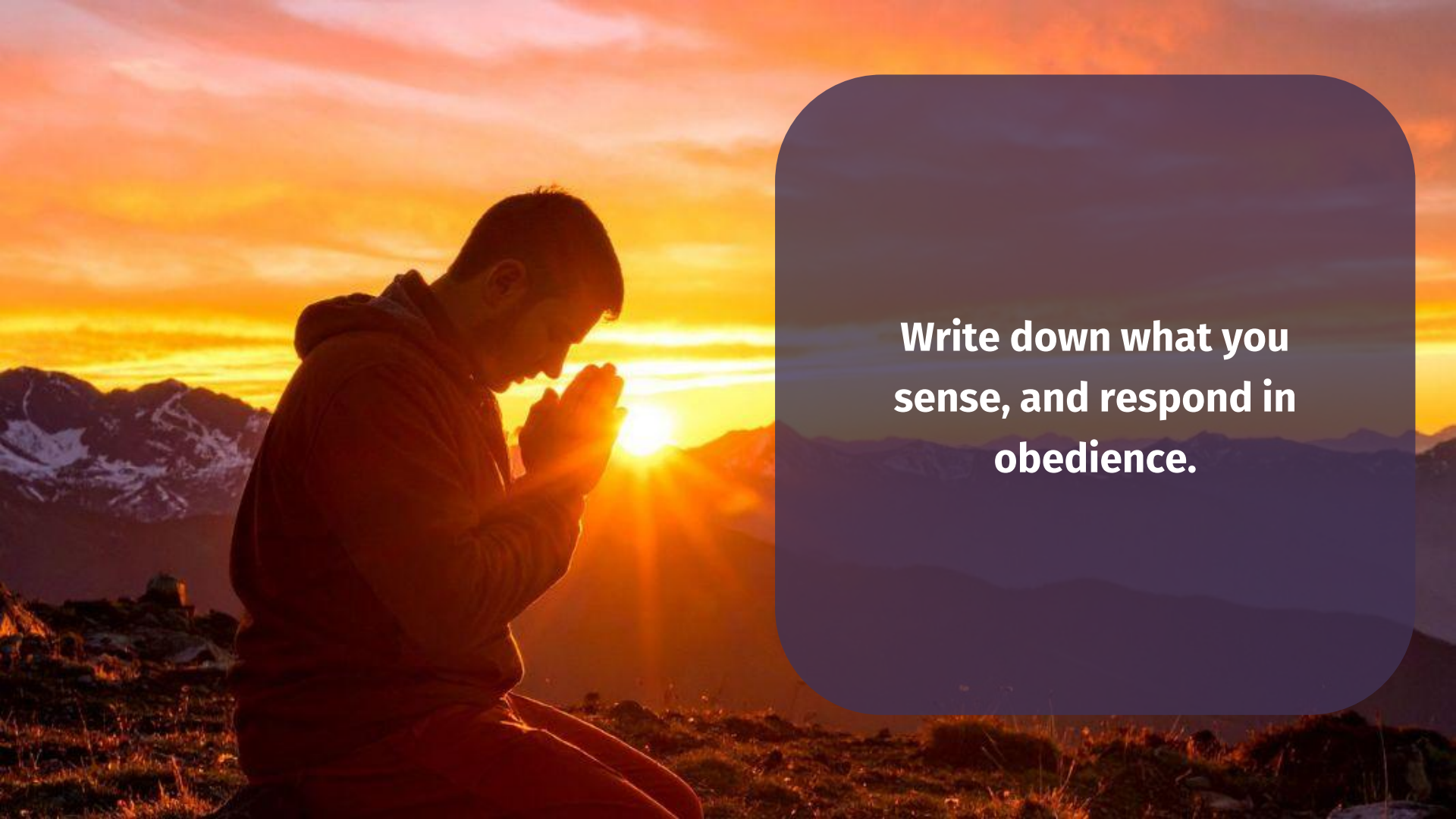
**Take a moment to sit  
with the Lord and ask:**



“Holy Spirit, what are  
You highlighting in my  
heart?”



“Where are You inviting  
me into deeper  
alignment with Jesus?”



**Write down what you  
sense, and respond in  
obedience.**

A silhouette of a person with their arms raised in prayer, set against a dramatic sunset sky. The sun is low on the horizon, creating a bright glow and casting long shadows. Numerous birds are captured in flight, scattered across the sky. The word "Prayer" is written in a bold, black, sans-serif font, centered over the person's raised arms. The overall mood is one of hope, faith, and spiritual connection.

**Prayer**



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CULTIVATING LOVE, POWER  
AND WISDOM IN THE PROPHETIC

Masterclass with Anthony & Melissa Medina





# HEART POSTURE FOR **PROPHECY**

Growing in Prophetic  
**PURITY, WISDOM & AUTHORITY**



**8-Lesson Course with Anthony & Melissa Medina**



# HEART POSTURE FOR PROPHECY

## **In this course, you will learn how to:**

- Rekindle your hunger for God and restore your first love.
- Discern the difference between God's voice and your own thoughts.
- Embrace wilderness seasons as part of your prophetic formation.
- Anchor revelation in Scripture and align with the Holy Spirit.
- Experience heart cleansing through repentance, forgiveness, and renewal.
- Lay down performance and grow in humility and servanthood.
- Carry God's burden with greater compassion and love.
- Release prophetic words that bring healing, encouragement, and hope.



# HEART POSTURE FOR **PROPHECY**

## **Overview of Lessons**

**Lesson 1:** First Love Focus — Rekindling Holy Desire

**Lesson 2:** Hunger to Hear — Learning the Voice of God

**Lesson 3:** Wilderness Formation — Secret Place Encounters

**Lesson 4:** Alignment with Truth — Anchored in the Word, Led by The Spirit



# HEART POSTURE FOR **PROPHECY**

## **Overview of Lessons**

**Lesson 5:** A Clean Heart — Living in Ongoing Renewal

**Lesson 6:** Humility & Servanthood — Becoming a Vessel God Can Trust

**Lesson 7:** Divine Burden & Compassion — Moving with the Heart of God

**Lesson 8:** Responsiveness — Obedience and Stewardship



# HEART POSTURE FOR PROPHECY



## 70% Cash Savings

**Expires June 2 @ 11:59 pm ET**

The normal retail price for this **8-Lesson Course with LIVE Q&A and all associated resources is \$1000**. However, you receive a \$700 savings, making your price only \$300.



# HEART POSTURE FOR PROPHECY

**FOUNDATIONS**  
*IN Fasting*

**BONUS**

3-Lesson Mini-Class with Melissa Medina

**FREE Bonus**

**3-Lesson Mini-Class  
with Melissa Medina**

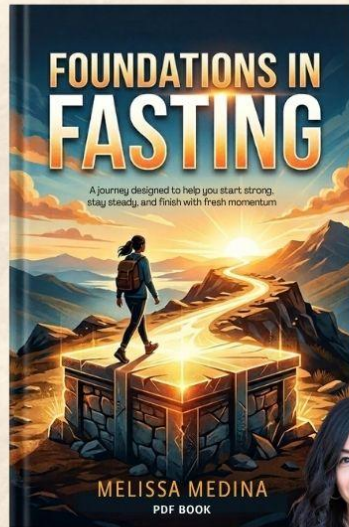
**Expires May 30 @ 11:59 pm ET**



# HEART POSTURE FOR PROPHECY

MELISSA  
MEDINA

Walking with Jesus,  
I've discovered that  
fasting is one of the  
most meaningful ways to  
grow closer to Him and  
see real spiritual growth.



Foundations in Fasting PDF Book  
by Melissa Medina

**FREE BONUS**  
**PDF BOOK**  
by Melissa Medina

**Expires TOMORROW, May 27 @ 11:59 pm ET**

**FAST ACTION**

**2 FOR 1 OFFER**

**LIMITED TIME**

You can gift  
one person  
**FREE** access  
to the course!

*(Includes course access only;  
bonus materials not included.)*

**Must enroll by May 26 at 11:59 pm ET**

CHOOSE A  
**FREE**  
EMPOWER  
2000  
Course!

Must enroll by May 26 at 11:59 pm ET

**FAST ACTION**

**BONUS**



**Spiritual Growth**



**Relationships**



**Purpose & Destiny**



**Money, Work  
& Business**



**Health  
& Wellness**



# HEART POSTURE FOR **PROPHECY**

## How This Class Works

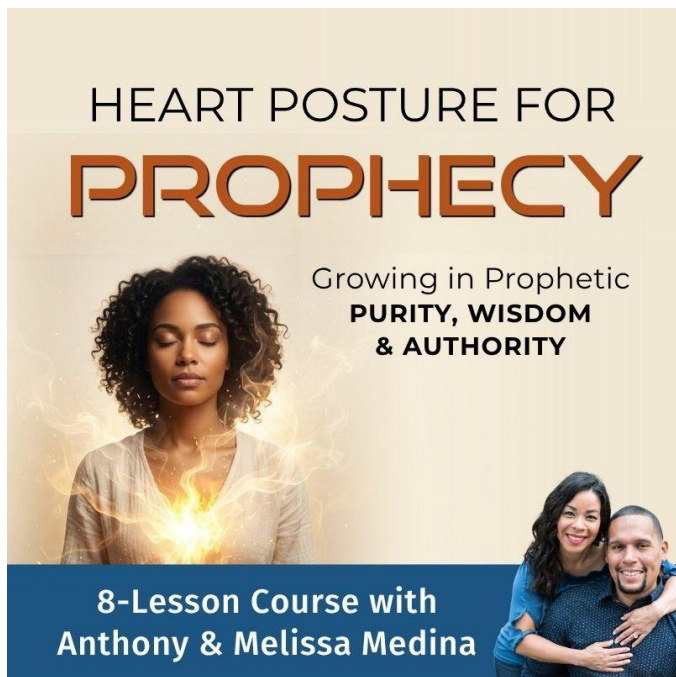
1. There are 8 main lessons in the course, plus 3 LIVE Q&A sessions.
2. The Q&AS take place on Thurs, June 11, June 25, July 9 at 1 pm ET
3. If you miss a LIVE session (or all of them for that matter), it is okay because you will **have lifetime access** to replays for each session on our private member site.



# HEART POSTURE FOR **PROPHECY**

Growing in Prophetic  
**PURITY, WISDOM  
& AUTHORITY**

**Register Now:** [empower2000.com/heartprophecy](https://empower2000.com/heartprophecy)



## Q&A

1. What **ONE** thing stood out the most for you from today's message?
2. What **ONE** action step are you going to take as a result of today's message?
3. What question do you have for Anthony & Melissa?

Register Now: [empower2000.com/heartprophecy](https://empower2000.com/heartprophecy)



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